

SWAMI SUKHABODHANANDA

International Management and Spiritual Guru and founder Chairman of Prasanna Trust

Swami Sukhabodhananda, an International Management and Spiritual Guru, is the founder Chairman of Prasanna Trust. He is also the founder of the research wing of Prasanna Foundation, which focuses on the scientific aspects of meditation and psychology. His self-development and management programmes have benefited many in the corporate sectors, reputed institutions like banking, finance, industry, education, armed forces and police. Times of India in their recent poll on 'who talks the best' places



Swamiji as the one, who tops the list on all counts as the best speaker. The Week magazine acclaims Swamiji as one among the top five best exponent of spirituality knowledge. Swamiji was invited as a dignitary in five different panels at the prestigious World Economic Forum in Davos, Switzerland and was a special invitee to the United Nation World Millennium Summit of spiritual leaders. Swamiji is the only Spiritual Guru who was invited to participate in the programme 'Eye on India' showcasing the country by CNN.

Swamiji is the second Indian to be honoured at the prestigious lotus millionaires' Intellectual Club at Manhattan, New York. He was awarded 'Karnataka's Best Social Service Award' by Essel Group and Zee network. His message on the Aastha, Gemini, DD Chandana, World Space Radio and many other Channels is reaching a wide spectrum of people both in India and abroad. Swamiji has authored many bestsellers. His book 'Oh, Mind Relax Please!' and 'Oh, Life Relax Please!' are the top best sellers in the country and has set a new bench mark in the lives of many.